

GLUTEN FREE menu

APPETIZERS

CHIPS & GUACAMOLE

Tortilla Chips with fresh guacamole and pico de gallo.

POTATO TWISTERS

Spiral-sliced potatoes fried golden with Queso Cheese sauce, Sour Cream sauce, Monterey Jack kai pico de gallo.


CHEDDAR CHEESE NACHOS

Crispy tortillas covered with Colby and jalapeños. Garnished with iceberg, pico de gallo, guacamole and sour cream.

- 8 pieces

- 12 pieces

WINGS GRILLED

Chicken wings basted with Buffalo Sauce 

- 8 pieces

- 12 pieces

SALADS & BOWLS

BBQ CHICKEN SALAD

Sweet, smoky barbecue-glazed grilled chicken breast, on a bed of mixed green salad with tomatoes, spring onions, cilantro, Monterey Jack and Colby. Served with Barbecue Vinaigrette.

Available also in Lunch Size

STRAWBERRY FIELDS SALAD

Romaine and lollo rossa lettuce, Parmesan, glazed walnuts, Balsamic Vinaigrette dressing, freshly cut strawberries covered in balsamic marinade.

GINGER BOWL

Warm tri-color quinoa with grilled broccoli, avocado*, toasted almonds, fresh mint, marinated roasted cherry tomatoes, leaf lettuce, sweet potato and Ginger dressing.

MEXICAN BOWL

Avocado slices, red kidney beans, corn, Spanish rice, Coleslaw, pico de gallo, cherry tomatoes, green onions, anthotyro cheese and Aioli Sriracha.

RANCH POWER

Yellow rice, edamame, romaine lettuce, iceberg, cucumber, cherry tomatoes, egg and cool ranch dressing.

ADD YOUR PROTEIN:

- Grilled shrimp skewer
- Grilled salmon
- Grilled beef
- Grilled chicken

FRIDAYS™ FAVORITES

BLACK ANGUS RIB-EYE STEAK

285gr. rib-eye steak served with maison butter. Choose your side dish***.

BLACK ANGUS NEW YORK STRIP

285gr aged beef and hand-cut New York style. Served with maison butter. Choose your side dish***.

TAHINI SOUR CHICKEN

Two chicken breasts, marinated in Tahini Sour dressing. Garnished with homemade mustard sauce with pickled mustard seeds. Choose your side dish: Yellow rice or mixed green salad.

CHICKEN ALFREDO

Chicken breast served atop gluten-free pasta tossed in a light sauce with Parmesan, bacon, onions, mushrooms, tomato and white wine.

TRI TIP**

Angus Beef tri tip 225gr. with Chimichurri sauce. Choose your side dish***.

***SIDE DISH OPTIONS:

Crispy seasoned fries, chef veggies, homemade Cheddar mashed potatoes, sweet potato, coleslaw salad, corn tortilla chips, yellow rice, loaded fries, Spanish rice.

Gluten Free Sauces: BBQ sauce, Coleslaw, Guacamole, Garlic Parmesan sauce, Truffle Mayo, Ginger Dressing, Honey Mustard, Marinara, Salsa, Sour Cream, Spicy Mayo.

**Not available in all restaurants

 = VEGETARIAN

Even though we have taken all the necessary steps required to ensure your protection, there is a chance that some items may contain traces of allergenic substances, as described in appendix II of regulation 1169/2011. We understand the dangers to those with severe allergies, due to this the restaurant has a list of allergens that are contained in our products in a separate menu. If you are allergic to a specific ingredient, please inform the manager on duty who can provide you with this information and allow you to make an informed choice.



Chips & Guacamole



Strawberry Fields Salad